



# Fall & Winter Programming

## MULTI-SPORT CLASSES

**\*Mondays:** 3:00pm-3:50pm  
(5-6 years old)

4:00pm-4:50pm

(6-8 years old *Girls Only*)

**Tuesdays:** 3:00pm-3:50pm  
(4-6 years old)

**Wednesdays:** 1:00pm-1:50pm  
(4-5 years old)

**Fridays:** 4:00pm-4:50pm  
(9-11 years old *Girls Only*)

**Saturdays:** 10:30am-11:20am  
(4-6 years old)

## PARENT-CHILD CLASSES

**Wednesdays:** 9:30am-10:20am  
(2-3 years old)

**Saturdays:** 9:30am-10:20am  
(2-3 years old)

## HI-FIVE SOCCER CLASS

**Saturdays:** 10:30am-11:20am  
(3-4 years old)

**\*Thursdays:** 3:00pm-3:50pm  
(5-6 years old)

## HI-FIVE SOCCER CLINIC

**Wednesdays:** 4:00pm-4:50pm  
(6-8 years old)

## PARENTS' NIGHT OUT

**1st & 3rd Fridays:**

5:30pm-9:00pm

Cost \$35 per child

## LITTLE HEISMEN

**Tuesdays:** 1:00pm-1:50pm  
(4-5 years old)



## HI-FIVE NFL FLAG FOOTBALL CLINIC

**\*Mondays:** 5:00pm-6:00pm  
(6-8 years old)

6:00pm-7:00pm

(7-10 year olds)

**Wednesdays:** 5:00pm-6:00pm  
(11-13 year olds)

## HI-FIVE HOOPS CLINIC

**Saturdays:** 12:00pm-1:00pm  
(5-7 years old)

**Sundays:** 1:00pm-2:00pm  
(5-7 years old)

**Fridays:** 5:00pm-6:00pm  
(11-13 years old)

6:00pm-7:00pm

(8-10 years old)

## SCHOOL BREAK CAMPS

Half-day 9:00am-12:00pm

Full-day 9:00am-3:00pm

Aftercare available

Nov 22-24, Nov 26, Dec 17,

Dec 20-23, Dec 27-30, Jan 3,

Jan 17, Feb 18, Feb 21,

March 11, March 14

(5-11 years old)

## SPEED, AGILITY, & QUICKNESS CLINIC

**Tuesdays:** 4:00pm-5:00pm  
(8-12 years old)

**\*Thursdays:** 6:00pm-7:00pm  
(8-12 years old)

## LITTLE BALLERS

**\*Thursdays:** 1:00pm-1:50pm  
(4-5 years old)

## OPEN GYM

Any day | Any time | All ages

*\*Omissions for holidays*

CONTACT US TO  
CREATE YOUR  
OWN CLASS

LATE FALL SESSION  
5 WEEKS

Nov 12 - Dec 17

WINTER SESSION  
8 WEEKS

Jan 7 - March 4

*\*Omissions for holidays*



OPEN GYM  
CLASSES  
CAMPS  
LEAGUES

BIRTHDAY PARTIES  
AFTER-SCHOOL  
EVENT RENTALS