



# Health History Form for Children, Youth & Adults Attending Camps 2021

Please fill out and complete the following form. This form is mandatory before participating in summer camp. **Return no later than one week prior to the first Day of Camp.**

The information on this form is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs. Thank you.

Weeks Attending Camp: \_\_\_\_\_

Camper Name (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Gender) \_\_\_ Male \_\_\_ Female

Home Address \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip Code) \_\_\_\_\_

Parent/Guardian (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_

Home Address (if different than child) \_\_\_\_\_

Business Address \_\_\_\_\_

Second Parent/Guardian (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_

Home Address (if different than child) \_\_\_\_\_

Business Address \_\_\_\_\_

Emergency Contact if Not Available (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_ (Relationship) \_\_\_\_\_

### Insurance Information

Is the participant covered by family medical/hospital insurance? \_\_\_ Yes \_\_\_ No

If yes, indicate carrier or plan name \_\_\_\_\_ Group # \_\_\_\_\_

**NOTICE - photocopy of front/back of health insurance card must be attached to this form.**

**IMPORTANT - The below must be complete and signed for camper attendance\***

Parent/Guardian Authorization: This health history is correct and complete as far as I know, and the person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature Parent/Guardian \_\_\_\_\_ (Name Printed) \_\_\_\_\_ (Date) \_\_\_\_\_

I understand and agree to abide by any restrictions placed on my participation in camp activities.

Signature of Minor Aged Camper \_\_\_\_\_ (Date) \_\_\_\_\_

*\*If for religious reasons you cannot sign this, contact the camp for a legal waiver, which must be signed for attendance.*

**ALLERGIES** List all known and describe reaction and management of the reaction.

Medication allergies (list) \_\_\_\_\_

\_\_\_\_\_

Food allergies (list) \_\_\_\_\_

Other allergies (list) \_\_\_\_\_

**MEDICATIONS BEING TAKEN:** Please list ALL medications (including over the counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

Select One \_\_\_ This person takes NO medications on a routine basis, OR \_\_\_ This person takes medications as follows:

Medication #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Medication #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Attach additional pages for more medications if necessary.

Identify any medications taken during the school year that participant does/may not take during the summer:

**RESTRICTIONS** (The following restrictions apply to this individual.)

Does not eat: \_\_\_ Red Meat, \_\_\_ Pork, \_\_\_ Dairy Products, \_\_\_ Poultry, \_\_\_ Seafood, \_\_\_ Eggs, \_\_\_ Other (describe) \_\_\_\_\_

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

**GENERAL QUESTIONS (Explain "yes" answers below.)**

Have you ever tested positive for COVID-19? Yes \_\_\_ No \_\_\_

If yes, when were you diagnosed? \_\_\_\_\_

If yes, how long have you been symptom free? \_\_\_\_\_ days.

Do you have an autoimmune disease or immunodeficiency disease? \_\_\_\_\_

*Please note, we will not allow campers to come if they have not been symptom free for at least 10 days, this is per CDC updated guidelines.*

Has/does the participant:

1. Had any recent injury, illness or infectious disease? \_\_\_ Yes, \_\_\_ No
2. Have a chronic or recurring illness/condition? \_\_\_ Yes, \_\_\_ No
3. Ever been hospitalized? \_\_\_ Yes, \_\_\_ No
4. Ever had surgery? \_\_\_ Yes, \_\_\_ No
5. Have frequent headaches? \_\_\_ Yes, \_\_\_ No
6. Ever had a head injury? \_\_\_ Yes, \_\_\_ No
7. Ever been knocked unconscious? \_\_\_ Yes, \_\_\_ No
8. Wear glasses, contacts or protective eyewear? \_\_\_ Yes, \_\_\_ No
9. Ever had frequent ear infections? \_\_\_ Yes, \_\_\_ No
10. Ever passed out during or after exercise? \_\_\_ Yes, \_\_\_ No
11. Ever been dizzy during or after exercise? \_\_\_ Yes, \_\_\_ No
12. Ever had seizures? \_\_\_ Yes, \_\_\_ No
13. Ever had chest pain during or after exercise? \_\_\_ Yes, \_\_\_ No
14. Ever had high blood pressure? \_\_\_ Yes, \_\_\_ No
15. Ever been diagnosed with a heart murmur? \_\_\_ Yes, \_\_\_ No
16. Ever had back problems \_\_\_ Yes, \_\_\_ No
17. Ever had problems with joints (e.g., knees, ankles)? \_\_\_ Yes, \_\_\_ No

- 18. Have an orthodontic appliance being brought to camp?  Yes,  No
- 19. Have any skin problems (e.g., itching, rash, acne)?  Yes,  No
- 20. Have diabetes?  Yes,  No
- 21. Have asthma?  Yes,  No
- 22. Had mononucleosis in the past 12 months?  Yes,  No
- 23. Had problems with diarrhea/constipation? Yes,  No
- 24. Have problems with sleepwalking?  Yes,  No
- 25. If female, have an abnormal menstrual history?  Yes,  No
- 26. Have a history of bed-wetting?  Yes,  No
- 27. Ever had an eating disorder?  Yes,  No
- 28. Ever had emotional difficulties for which professional help was sought?  Yes,  No

Please explain any "yes" answers, noting the number of questions. \_\_\_\_\_

\_\_\_\_\_

Which of the following has the participant had?

Measles,  Chicken Pox,  German Measles,  Mumps,  Hepatitis A,  Hepatitis B,  Hepatitis C,

TB Mantoux Test, Date of last test \_\_\_\_\_ Result:  Positive,  Negative

Please give all dates of immunization for:

Vaccine:      Dates: Mo/Yr   Mo/Yr   Mo/Yr   Mo/Yr   Mo/Yr   Mo/Yr

- |                            |       |       |       |       |       |       |
|----------------------------|-------|-------|-------|-------|-------|-------|
| 1. DTP                     | _____ | _____ | _____ | _____ | _____ | _____ |
| 2. TD (tetanus/diphtheria) | _____ | _____ | _____ | _____ | _____ | _____ |
| 3. Tetanus                 | _____ | _____ | _____ | _____ | _____ | _____ |
| 4. Polio                   | _____ | _____ | _____ | _____ | _____ | _____ |
| 5. MMR                     | _____ | _____ | _____ | _____ | _____ | _____ |
| a. or Measles              | _____ | _____ | _____ | _____ | _____ | _____ |
| b. or Mumps                | _____ | _____ | _____ | _____ | _____ | _____ |
| c. or Rubella              | _____ | _____ | _____ | _____ | _____ | _____ |
| 6. Haemophilus Influenza B | _____ | _____ | _____ | _____ | _____ | _____ |
| 7. Hepatitis B             | _____ | _____ | _____ | _____ | _____ | _____ |
| 8. Varicella (chicken pox) | _____ | _____ | _____ | _____ | _____ | _____ |

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware. \_\_\_\_\_

\_\_\_\_\_

Name of physician \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Name of dentist \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

**THANK YOU**

**(FOR CAMP USE ONLY)**

Screened by: \_\_\_\_\_, Date Screened \_\_\_\_\_ Time \_\_\_\_\_ am/pm, Updates noted  Yes,  No,  NA

Meds Received \_\_\_\_\_, Current health needs identified \_\_\_\_\_

\_\_\_\_\_

Observation notes \_\_\_\_\_

\_\_\_\_\_