



FREQUENTLY ASKED QUESTIONS

Are Drop-Ins Allowed?

Drop-ins are allowed for any class that is not sold out. If a class is sold out we will list it on our website. Please call or email ahead to make sure that space is indeed available.

How Long Are Classes?

Time And Number Of Weeks?

Classes are held once a week at the scheduled time and last 50 minutes. Each class season is typically 8 weeks but occasionally we have classes with more or fewer sessions. Please contact us directly if you have any questions.

What If I Am Registered But Miss A Class?

If you miss a class we offer makeups under three conditions:

The makeup class is the same sport as the class missed.

The makeup class is not “sold out”.

The makeup class happens during the same season as the class which was missed. If there are no classes that fit these requirements, in the same season, then no make-ups will be allowed for the missed classes and no credits or refunds will issued for missed classes.

What Should My Child Wear? What Should We Bring?

Comfortable clothes (shorts or pants) and sneakers will suffice. Our classes take place on a basketball floor so no heels, clogs or open toed shoes will be allowed for class. We have water here on site but bringing a water bottle and a snack are highly recommended.

Are All Classes Indoors?

All classes are indoors at our facility at 5411 Geary Blvd. @ 18th avenue.

Children Are Separated By Age?

We do our best to separate children by age but depending on numbers they may work together on some activities. Class curriculum will be adjusted to suit the ages as best as possible.

What Is The Refund Policy?

We will offer a full refund at the end of the first class only. After the first class no refunds will be issued. Credits are given on a case by case basis.

Eligible For Coupon Code Usage?

Some but not all classes are eligible for coupon or discount code usage. These codes can only be used for online orders.

Can We Setup A Special Class For Our Group?

If you have a group of at least 5 children or more we can setup a special class just for your group that fits your schedule. Please contact us and we will do our best to set it up for you!

Age Requirements:

Our age requirements are very strict and designed to provide the best experience possible for all students enrolled in a particular class. A child must be within the listed age range of the class at the time of the class start date in order to enroll in the class. Example: Class start date is January 1st and listed age requirement is three (3) years old a child must be three (3) of age on or before that January 1st to enroll in the class. **No exceptions to this rule will be allowed. We reserve the right to cancel any registration for a class, without refund, for any child registered for a class that for which they do not meet the listed age requirement.**